


Three Week Rolling Menu (Summer Term)


Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
					
Morning Snack	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables
Lunch - Starter		Crispy Chicken Goujons		Fresh Vegetable Soup	
- Main	Pork sausages served with buttered new potatoes and baked beans	Beef Chilli Con Carne served with rice	Cod Fishfingers served with mashed potatoes and sweetcorn kernels	Roast of the week served with all the trimmings and vegetable gravy	Homemade sausage rolls served with new potatoes, garden peas and gravy
- Dessert	Fresh fruit yogurt		Fruit Jelly		Tray bake served with custard
Afternoon Snack	Cheddar cheese and crackers served with cucumber sticks	Raspberries and sultanas served with rice cakes	Melon and grape medley served with breadsticks	Toasted crumpets served with strawberries	Blueberries and watermelon served with Ritz crackers

A choice of fresh milk or water are always available when food is served.

Three Week Rolling Menu (Summer Term)


Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
					
Morning Snack	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables	A selection of 3 freshly prepared fruits or vegetables
Lunch					
- Starter	Freshly baked Garlic Bread		Home made puff pastry sausage roll		Crispy Vegetable Spring Rolls
- Main	Beef Lasagne served with carrots and garden peas	Chicken and Vegetable pie served with new potatoes and broccoli	Macaroni Cheese with crispy bacon served with sweetcorn kernels	Roast of the week served with all the trimmings and vegetable gravy	Meatballs served in a rich tomato sauce with pasta and garden peas
- Dessert		Fresh fruit yogurt		Drop pancakes served with honey	
Afternoon Snack	Raspberries and sultanas served with rice cakes	Melon and grape medley served with breadsticks	Toasted crumpets served with strawberries	Blueberries and watermelon served with Ritz crackers	Cheddar cheese and crackers served with cucumber sticks

A choice of fresh milk or water are always available when food is served.

Three Week Rolling Menu (Summer Term)

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	<i>A selection of 3 freshly prepared fruits or vegetables</i>	<i>A selection of 3 freshly prepared fruits or vegetables</i>	<i>A selection of 3 freshly prepared fruits or vegetables</i>	<i>A selection of 3 freshly prepared fruits or vegetables</i>	<i>A selection of 3 freshly prepared fruits or vegetables</i>
Lunch - <i>Starter</i> - <i>Main</i> - <i>Dessert</i>	 <i>Spaghetti served in a rich bolognaise sauce with garden peas</i> <i>Fresh fruit yogurt</i>	<i>Crispy fish goujons served with tomato sauce dip</i> <i>Pork Sausages served with mashed potatoes and carrots</i>	 <i>Chicken and Bacon baked slice served with baked beans and new potatoes</i> <i>Banana served with fresh custard</i>	<i>Crispy chicken balls served with sweet and sour sauce</i> <i>Beef Lasagne served with a medley of vegetables</i>	 <i>Roast of the week served with all the trimmings and vegetable gravy</i> <i>Frozen fruit yogurt</i>
Afternoon Snack	<i>Melon and grape medley served with breadsticks</i>	<i>Toasted crumpets served with strawberries</i>	<i>Blueberries and watermelon served with Ritz crackers</i>	<i>Cheddar cheese and crackers served with cucumber sticks</i>	<i>Raspberries and sultanas served with rice cakes</i>

A choice of fresh milk or water are always available when food is served.

